

GREAT HIMALAYAN NATIONAL PARK



Website: www.greathimalayannationalpark.com

REFERENCES

- G.H.N.P. BOUNDARY
- SANCTUARY BOUNDARY
- ECO ZONE BOUNDARY
- TRICKING ROUTES
- THATCH
- TOWNS/VILLAGES
- RIVER
- BOULET / NALA
- DRY NALA
- CONTOUR LINE
- MOTORABLE ROAD
- STATE HIGHWAY & LINK ROAD
- GLACIER
- FOREST
- FOREST (P.W.D. WEST HOUSES)
- MEDICAL PLANTS NURSERY
- FORESTRY CAMP/STATION CENTRE
- PARVATI HYDRO ELECTRIC PROJECT
- RANGE OFFICE
- SHED
- SHOULDER PEAK (HEIGHT IN METRES)

AREA

GREAT HIMALAYAN NATIONAL PARK	754.40 Sq.kms.
SAINJ WILDLIFE SANCTUARY	91 Sq.kms.
TIRTHAN WILDLIFE SANCTUARY	81 Sq.kms.
ECO ZONE	265.88 Sq.kms.
TOTAL AREA	1171.99 Sq.kms.

Visit our website: www.greathimalayannationalpark.com
Email: info@gnhp.org

GETTING TO GNHP
The starting point for any trekking or visit to GNHP is the Kullu Valley region in the state of Himachal Pradesh. This region is best accessible by road and air. A pre-trek meeting at GNHP headquarters in Shimla (near Kullu) is recommended.

By Road
From Delhi: Approximately 500 kms by road (14+ hour trip).
General route: Delhi to Chandigarh by National Highway 1, then to Aul in Mandi district by NH 21. The towns of Chandigarh and Swarghat can be targeted to stay for staging the trip. Road journey in the mountain terrain of Himachal provides good views of Gobindgarh Lake near Bilaspur, followed by lush and wide Bath Valley. The drive continues through the outskirts of Mandi which leads into the Pandoh gorge. After Pandoh comes the small town of Aul from where a link road goes across the bridge over Beas River into the Banjar valley, where the Park is located. This trip can be made by private vehicle. Private and state run buses to the region are also available. Check with tour guides and books for details from Delhi and Chandigarh to Banjar.
Airline service is available from Delhi and Chandigarh to Banjar.
Approximate distances from GNHP:
Air Port: Bhuntar (Kullu), 50 kms.
Railhead: Joginder Nagar (Mandi), 100 kms.
Town: Kullu (District HQ), 60 kms.

ABSOLUTE PROHIBITIONS WITHIN GNHP

- No firearms, weapons, bows, arrows and fire crackers.
- No pets allowed inside.
- No landing fires (except cooking fires) nor smoking.
- No shooting, teasing, or chasing wild animals.
- No molesting or feeding animals.
- No electronic radios, tape-recorders, CD players (unless confined to personal carphones) or musical instruments (except within a rest house and that only at a low pitch).

Treks in the Great Himalayan National Park

1. Economic Treks

Neeli-Shangri La Loop: A three day trek traversing mountain trails and the villages of Shanghar and Lapah. Includes a visit to a GNHP nursery where medicinal plants and trees are cultivated. Distance: 24 Km

Neeli-Mama Temple: One to two-day trek visiting a 200 year old Hindu temple with intricate wood carving. Moderate to steep elevation to the temple. Distance: 12 Km. (round trip). An additional side trip of 4 Km takes you to a tower-like monument at Talara village, built about 250 years ago.

Gushaini-Tinder Village: One or two days trek from Gushaini to Tinder village which offers an insight into the village life, its cultural aspects and a walk through forests up to Kharongcha. Distance: 12 kms.

Simal-Saran-Ghat Serai-Pashu Villages: One or two-days treks in Sainj river valley which includes steep climb to the ancient villages of Saran and Pashu villages with very old houses, and distinct local architecture. Ghat Serai has a 6 hectare (approx 12 acres) sacred grove and is an example of local biological diversity conserved in the forest area. Distance: 10 kms.

2. G.H.N.P. Treks

Some of the following GNHP routes have been trekked by Park staff with foreign visitors. Other routes may be explored but visitors must check with Park officials for entry and route permits for obvious safety reasons.

Sainj Valley
A five day trek crossing through the Sainj river valley.
General route: Day 1: Neeli (1500 m altitude) to Shakti (2100 m altitude). Moderate ascent. Distance: 22 Km. Day 2: Shakti to campsite at Lower Meadow Bridge in Humkan Forest (2800 m). Distance: 6 km. Day 3: Rest Day at Lower Meadow. Day excursion. Day 4: Return to Shakti. Day 5: Return to Neeli. Total Distance: 56 Km (round trip). To Dhel (3737 m)-heavy moderate through dense forest up to beautiful high and wide meadow. Great vistas and opportunities for observing wildlife. Distance: Neeli to Dhel round-trip: 66 kms.

Gushaini to Shilt Hut
Easy to Moderate three day hike from Ecozone into Park.
Day 1: Gushaini (1500 m) to Rolta (2100 m). Distance: 9 kms. Day 2: Rolta to Shilt Hut (3100 m)-side trip to Chhodwari waterfall and bamboo forest. Distance: 7 kms.
Day 3: Shilt to Gushaini: Return. Total Distance (round trip): 30 kms.

Juni Nala to Parvati River Valley
A seven-day, very strenuous, dramatic hike crossing the mountain passes at Kandi Gulu (3627m) and Phangshi Gulu (4636m). Day 1: Neeli (1650m) - Bhagi Kashabi (2600m). Morning visit to Mansu (2300 m) Temple. Moderate ascent. Distance: 23 kms. Day 2: Bhagi Kashabi to Sabhi (3300m). Strenuous ascent in early morning (3800 m). Pass through Kandi Gulu notch (3627m). Distance: 17 kms. Day 3: Sabhi to Dwada (3150m). Relatively easy hike. Distance: 6 kms. Day 4: Rest Day at Dwada. Day 5: Rest Day Dwada. Day hike up to Surtu Glacier Pond in Khandohar. Distance: 20 kms. round trip.
Day 6: Dwada to Chippi (3550m). Very strenuous day. Distance: 23 kms. Day 7: Chippi to Pulga. Easier descent back into forests and meadows, ending at village of Pulga. Distance: 18 kms. Total Distance: 110 kms.

Uj-Pa Trek in Tirthan Valley
Day 1: Gushaini (1500m) to Rolta (2100m). Gentle gradient. Distance: 10 kms.
Day 2: Rolta to Nada (3300m) Thach. Moderate to strenuous climb. Distance: 12 kms.
Day 3: Nada Thach to Maghoni (3800m). Gradual to steep descent through forests. Distance: 12 kms. Day 4: Maghoni to Tirthan (4000m) and back Maghoni. Moderate gradient. Distance: 8 kms. Day 5: Trek from Maghoni to Nada Thach. Distance: 12 kms.
Day 6: Rest day at Nada. Bird watching. Day 7: Nada Thach to Rolta-descent. Distance: 12 kms. Day 8: Rolta to Gushaini. Distance: 10 kms.

Raktinar in Sainj Valley
Day 1: Neeli (1500 m) to Shakti (2100 m) village. Moderate ascent. Distance: 22 Km.
Day 2: Shakti to Parkachi (3000m) thach. Trek along the Sainj river. Gradual ascent. Distance: 10 kms. Day 3: Parkachi thach to Rakti Sar (4500 m). Along the river, quite a strenuous ascent through rocky portions. Distance: 14 kms. Day 4: Trek from Rakti Sar to Parkachi thach. Strenuous descent. Distance: 14 kms. Day 5: Rest day at Parkachi. Day 6: Parkachi thach to Shakti village. Gradual descent. Distance: 10 kms. Day 7: Shakti village to Neeli. Distance: 22 kms. Total Distance: 92 kms.

